



Welcome to this latest edition of the BARNA newsletter.

If you have something you would like to contribute to the newsletter, please email the [editor](#).

BARNA Conference 2011 will be the 25th BARNA Conference. We would like to hear from you about BARNA past and present. We would like to make next year a real celebration of BARNAs past and what we can do in the future. If you would like to be involved in BARNA please email [BARNA](#).

The [BARNA Poster](#) is now complete and can be downloaded for use in your work place. We are in the process of getting the poster professionally printed. We hope you like the poster and find it a useful tool for advertising BARNA in your work place.

Online membership payments

There have been a couple of incidents recently where people have used the online membership facility and have not processed payment through paypal. If you do use the online system, please ensure you complete the payment page and process the transaction. Membership will be confirmed on receipt of payment confirmation which is automatically generated by paypal on receipt of payment. IF you experience difficulties using this system, please email info@barna.co.uk and we will endeavour to fix the issues.

The Paypal system has allowed individuals to join BARNA from all over the world; this is excellent for BARNA – an opportunity to exchange ideas with international colleagues.

The online BARNA conference booking system is now available online. www.barna.co.uk/conference.htm

Accessing the BARNA Journal:

It is possible to access the BARNA journal (BJARN) in 2 ways – firstly directly through the BARNA Clinical Practice Forum – if you are a member of BARNA and do not have access to this area – please email info@barna.co.uk and we will set up your account. Step by step instructions can be found in the [Summer 2010](#) newsletter.

Secondly, you can set up an account via Cambridge Journals – you will need your BARNA membership number to complete this.

Don't forget the Clinical Practice Forum is a secure area for members to access the journal and also a way of sharing ideas and information within the Peri-operative environment.



Have you heard the news??

BARNA Conference, Exhibition and Annual General Meeting is booked.

When: Friday 1st July 2011

Where: Clarendon Suites, Birmingham

BARNA are celebrating 25 wonderful years and are inviting you all to join us in this celebration.

What education is planned: www.barna.co.uk/documents/Barna_2011.pdf

Where to book: www.barna.co.uk/conference.htm

Cost: Members £100 - join on line today at www.barna.co.uk/join_us.htm

Non members £175

Call for Posters – we will be having a display of posters again this year. Please submit abstracts for posters to info@barna.co.uk

Poster abstracts should be no more than 250 words and include a picture of the poster. Posters should relate to an aspect of clinical practice in anaesthetics and recovery.



International Conference for PeriAnaesthesia Nurses

Toronto, Canada



“Many Practices ... Just One World”

OCTOBER 2 - 5, 2011

Toronto, Ontario ~ Canada

We invite all practitioners involved with Perianesthesia Nursing Practice to attend!

Perianesthesia nursing care includes:

- Preadmission (preoperative testing and assessment)
- Day of Surgery Admission
- Post Anesthesia Recovery Phase I (Recovery Room/PACU)
- Post Anesthesia Recovery Phase II (Day Surgery/Ambulatory Care Unit)
- Extended Observation

For more information visit our website: www.icpan.info

Find us on



This is a world-class and exciting event not to be missed!



The BARNA advertising poster



BARNA is the only UK Professional Association specialising exclusively in Anaesthetic and Recovery Nursing.

BARNA publishes Standards and Educational material to standardise Clinical Practice. BARNA promotes ongoing training, research and clinical audit among nurses.

BARNA

British Anaesthetic and Recovery Nurses Association

Membership benefits include

- Quarterly **British Journal of Anaesthetic and Recovery Nursing (BJARN)** available electronically with feature articles, audits, updates and points of reference
- Access to the **BARNA Clinical Practice forum** – to discuss and share practice – networking
- Bi-monthly **Newsletter** featuring events and news flashes
- **Discounted conference places**
- Affiliation to the **International Federation of Nurse Anaesthetists (IFNA)**
- Discount on **M&K courses**

Don't forget that you can claim tax relief on your membership payment.

www.barna.co.uk/join_us.htm



BJARN

Information for Potential Authors

The British Journal of Anaesthetic and Recovery Nursing publish the following types of articles, but welcome any submission of relevance:



- Editorials
- Original articles
- Original research
- Study day and conference reports
- Correspondence
- Case reports
- Notices
- Review articles
- News articles
- Audit reports
- Unit Interviews 'Introduce Your Unit'

Submitted Material

Authors are requested to submit a copy of their typescript as a 'word' document, preferably by email as the Editor cannot accept responsibility for damage to/or loss of material discs. When a paper is accepted for publication, it is done so on the understanding that it is not being submitted simultaneously to any other journal in the English language. The Editor will make editorial and literary corrections as she sees fit. Any opinions expressed or policies advocated do not necessarily reflect the opinions or policies of the Editor or the British Anaesthetic Recovery Nurses Association. Any article submitted should contain:

- Title of the article
- Initial and name of each author
- Relevant qualifications
- Name and address of the department or institution to which the work should be attributed
- Name, address, telephone number and e-mail address for the author responsible for correspondence
- Abstract or summary and section headings if suitable

Diagrams, Illustrations and Photographs



All diagrams, pictures or illustrations should have a short description or caption sent with them. Titles should appear above each table or figure. They should also be referred to in the text. Photos should be sent as an attachment and as a jpeg file, along with where you wish them to be placed.



Harvard Referencing

References should be presented in the Harvard style. The accuracy of the reference you provide is your responsibility. In the text your reference should state the author's surname and the year of publication e.g. [Smith, 2002] unless the reference is at the beginning of the sentence when only the date is put in brackets e.g. Smith [2002] states ... If there are two authors, you should give both surnames [Smith and Black, 2001]. When a source has more than two authors, give the name of the first named author followed by '*et al*', however do not use *et al* in the reference list, credit must be given to all authors. Where a quotation is used within your paper; the author, date and page number should be given, e.g.

'For many years the recovery unit has been viewed as the "Cinderella" of the operating department. Indeed twenty-five years ago many hospitals did not have recovery units and post surgical patients were recovered on the surgical wards directly from theatres.' (Oakley and Spiers, 2004 P 137)

A list of all the references in your manuscript should be typed in alphabetical order, on a separate sheet entitled 'References' at the end of the paper. Each reference to a paper needs to include authors' surnames and initials, year of publication, full title of paper, full name of journal, volume number, and first and last page numbers. References should conform to the Harvard style. Here is an example:

Wilson S, Forrester A (2002) The way forward for anaesthetic and recovery nursing. Accident and Emergency Nursing 13(1), 1-8.

References to books should be given in a slightly different form, as in this example:

Radford M, County B, and Oakley M (2004) Advancing Perioperative Practice. Cheltenham: Nelson Thornes.

When using an edited book, the author of the chapter will be used in the text and in the reference list it will be referred to in the following way:

Oakley M and Spiers C (2004) Chapter 6 Principles of Recovery Practice. IN Radford M, County B and Oakley M (2004) Advancing Perioperative Practice. Cheltenham: Nelson Thornes.

Secondary references can be used, but overall these should be avoided. With the advent of the internet there are very few primary sources that will be unavailable to authors. The rationale for using a secondary reference is that the author is unable to find the primary source and must therefore use the secondary reference. If a secondary reference has to be used, the text should



read; Smith [1978] cited by Brown [2004]. In the reference list it is Brown that is listed as the reference, because if the Smith reference had been used it would be the primary reference.

Letters to the Editor

Readers are welcome and encouraged to write about any topic that relates to the practice of anaesthetic and recovery practice or relevant to contents of the journal. Such letters will be published under 'short communication' and can be in relation to something you have read in the journal, or an item of news, etc.



We are waiting for your emails and phone calls



The Editor in Chief and relevant members of the committee would be pleased to hear from any potential authors. Please do not hesitate to contact us. If having your work published sounds like a scary prospect, drop us an email and we will offer advice and support and start you on the road to being in print. Publishing in the British Journal of Anaesthetic and Recovery Nursing is an excellent opportunity for professional and personal enhancement. So come on,

Your journal is growing: Be part of it.

Submissions and ideas to:

Jessica Inch, Editor-in-Chief,
E-mail: jessinchbarna@googlemail.com

OR

Jessica Inch, Editor-in-Chief,
BJARN
P.A.C.U
South West London Elective Orthopaedic Centre,
Epsom General Hospital,
Dorking Road,
Epsom,
Surrey.
KT18 7EG
UK