

Whats' New with BARNA – Summer 2011



Welcome to this latest edition of the BARNA newsletter.

If you have something you would like to contribute to the newsletter, please email the [editor](#).

BARNA Conference 2011 is now over. To those of you who joined us, we hope you enjoyed the day and learnt something useful to take back to your clinical environment ... and that you managed to acquire a pen or two!

We are now starting to plan the BARNA 2012 conference which will be held in London. Keep your eyes peeled for more information on the BARNA website.

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A [BARNA Poster](#) can be downloaded from the BARNA website for display in your work place. We had the poster professionally printed and these were given to everyone at conference this year. We hope you like the poster and ask you to please post this advertisement in your work place to help recruit new members.

Online membership payments

There have been a couple of incidents recently where people have used the online membership facility and have not processed payment through PayPal. If you do use the online system, please ensure you complete the payment page and process the transaction. Membership will be confirmed on receipt of payment confirmation (this notice is automatically generated by PayPal on receipt of payment). If you experience difficulties using this system, please email info@barna.co.uk and we will endeavour to fix the issues.

The PayPal system has allowed individuals to join BARNA from all over the world! This unique opportunity to exchange ideas with international colleagues is an excellent new connection for BARNA members.

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Audit Page

BARNA Staffing Audit

Staffing in the PACU : *This is a highly complex problem area and there are no easy solutions. We found that a great deal of the information coming back reflected certain themes: poor staffing due to sickness and cutbacks; difficulty in getting patients back to the ward; and many other management issues. The analysis has been completed and the results will be written up and posted on the BARNA Website / published in BJARN in the next few weeks. There were 115 replies to this audit. Many thanks to all who responded.*

BARNA Audit 2011-2012 : *We would like to conduct an audit on 'Patient Discharge to the Ward' as that was found to be [a](#) recurring problem in the general staffing audit. A 'Survey Monkey' response form will be set up to facilitate the completion of this audit. Our goal is to have a large response. You will be notified when the audit form's link is posted on the BARNA Website.*

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Education Committee

In order to develop the educational facilities to offer BARNA members, we invite you to join the BARNA Education Committee. We welcome your expertise and support to accomplish the following projects :

- Regional educational study days [these are held in addition to the annual conference]
- Reviewing / writing learning packages to underpin the PACU Clinical Competencies shortly to be published by AAGBI (first package to be completed is on AIRWAY)
- Review and update the BARNA Standards Document (published in 2005)
- Work on a national audit on PACU/Anaesthetic Room Practice for 2001-2012
- Help in compiling a database for all academic courses in Anaesthetic and PACU practice held in Higher Educational Institutes in UK and identify key academic staff
- Develop articles for the British Journal of Anaesthetic and Recovery Nursing as an author or reviewer

We respect our members' personal time; therefore, any offer of help would absolutely depend on how much time you can offer us. Every little helps to advance safe and excellent nursing practice!

If you would like to join our education team, please fill in the **BARNA Education Committee Personal Profile** form from www.barna.co.uk and send it to patsmedley@googlemail.com

Pat Smedley MSc, BAHons, RGN, RN, PGCE
BARNA President

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BARNA Education Committee is being launched from September 2011. Please see [the](#) attached Letter/application form [in appendices] for a full explanation. We need help from all – be it ever so small! You all have talents in education to share --- please step forward – anaesthetic and recovery practice in the UK is hugely under-resourced. **YOU DO NOT HAVE TO HOLD A BSC/MSC OR PhD to contribute!!** Send form back to patsmedley@googlemail.com

We will primarily be working on :

An **Airway Teaching Package** [to be sold as DVD] including posters/power point presentation/quizzes/clinical scenarios/blended learning package all around AIRWAY. This will be brought out in time to underpin the Association of Great Britain and Ireland's National Competency Document for Post Anaesthetic Care which BARNA wrote in association with AAGBI and College of Operating Department Assistants

BARNA Standards Document [2005] this needs revision and update

BARNA Annual conference – will be in London in 2012. We are hoping to put on a Study Day in North in addition to the main conference as it is increasingly difficult to fund conference attendance for delegates. BARNA will be posting an invitation to submit an abstract for presentation at conference on the web. Watch out for this in early autumn. Also we will offer delegates the chance to submit a poster for conference – again an abstract 'Call for Posters' will feature on the web.

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International Conference for PeriAnaesthesia Nurses (ICPAN)

Toronto, Canada

The first global conference for post anaesthetic nursing is only now 4 weeks away. ICPAN is a three-day meeting with twin lecture tracks, discussion forum, poster presentations covering every aspect of post-anaesthesia nursing and reflecting diversity and shared practice around the world.

BARNA is the proud co-host of this inaugural meeting together with our American, Canadian and Irish colleagues. The conference has really taken off : over 415 delegates already booked!

**THERE ARE STILL PLACES
AVAILABLE :**

**Access www.icpan.info
AND BOOK UP NOW!**

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“Many Practices ... Just One World”

OCTOBER 2 - 5, 2011

Toronto, Ontario ~ Canada

We invite all practitioners involved with Perianesthesia Nursing Practice to attend!

Perianesthesia nursing care includes:

- Preadmission (preoperative testing and assessment)
- Day of Surgery Admission
- Post Anesthesia Recovery Phase I (Recovery Room/PACU)
- Post Anesthesia Recovery Phase II (Day Surgery/Ambulatory Care Unit)
- Extended Observation

For more information visit our website: www.icpan.info

Find us on



This is a world-class and exciting event not to be missed!

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Accessing the BARNA Journal:

It is possible to access the BARNA Journal (*BJARN*) in 2 ways:

Firstly directly through the BARNA Clinical Practice Forum – only BARNA members have access to this area. Please email info@barna.co.uk and we will set up your account. Step by step instructions can be found in this newsletter. Secondly, you can set up an account via Cambridge Journals – you will need your BARNA membership number to complete this.

The Clinical Practice Forum is a benefit of membership. This secure area of our website allows members to access the Journal and provides a way for sharing ideas and information within Peri-operative practice. .ent.

How to access the BARNA Clinical Practice forum and the British Journal of Anaesthetic and Recovery Nursing (BJARN)

Step 1 – go to www.barna.co.uk



Step 2 - Click on the link marked clinical practice forum

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Step 3 – put in your username and password and click on the “log in” button

step 4 – to access BJARN click on the link BJARN

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This link will take you to the Cambridge press page – as below the arrow below highlights the area to access archived and current journals

The screenshot shows the Cambridge Journals website interface. At the top, there is a navigation bar with 'CAMBRIDGE JOURNALS' and links for Home, CJO Mobile, Contact Us, Site Map, Help, FAQ, Accessibility, and Register. Below this is a secondary navigation bar with 'About Us', 'News', 'Browse Journals', 'Authors', 'Societies', 'Librarians', 'Agents', 'Users', 'Corporate', 'Citation Search', and 'Quick Search'. A search bar is present with a dropdown menu set to 'All Journal and Book Content'. The main content area features a large banner for the 'British Journal of Anaesthetic and Recovery Nursing' with a collage of medical images. Below the banner, there is a 'Welcome to Hangzhou Teachers College Library' message and a 'Register for an Account' button. The 'JOURNAL MENU' section includes 'Browse Journal', 'Current Issue', 'Back Issues', 'Browse Articles', 'Most Downloaded', 'Most Cited', 'Sample Content', and 'Submit Your Article'. A red arrow points to the 'Back Issues' link. The main content area also includes 'Editor(s): Jessica Inch, Epsom General Hospital, Surrey, UK', 'Editorial Board', and a description of the journal as the official publication of the British Anaesthetic & Recovery Nurses Association (BARNA). A journal cover image is shown on the right, along with ISSN and EISSN numbers.

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BARNA is the only UK Professional Association specialising exclusively in Anaesthetic and Recovery Nursing.

BARNA publishes Standards and Educational material to standardise Clinical Practice. BARNA promotes ongoing training, research and clinical audit among nurses.

BARNA

British Anaesthetic and Recovery Nurses Association

Membership benefits include

- Quarterly **British Journal of Anaesthetic and Recovery Nursing (BJARN)** available electronically with feature articles, audits, updates and points of reference
- Access to the **BARNA Clinical Practice forum** – to discuss and share practice – networking
- Bi-monthly **Newsletter** featuring events and news flashes
- **Discounted conference places**
- **Affiliation to the International Federation of Nurse Anaesthetists (IFNA)**
- **Discount on M&K courses**

Don't forget that you can claim tax relief on your membership payment.

www.barna.co.uk/join_us.htm

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British Journal of Anaesthetic and Recovery Nursing (BJARN)

Information for Potential Authors

The British Journal of Anaesthetic and Recovery Nursing publish the following types of articles, but welcome any submission of relevance:



- Editorials
- Original articles
- Original research
- Study day and conference reports
- Correspondence
- Case reports
- Notices
- Review articles
- News articles
- Audit reports
- Unit Interviews 'Introduce Your Unit'

Submitted Material

Authors are requested to submit a copy of their typescript as a 'word' document, preferably by email as the Editor cannot accept responsibility for damage to/or loss of material discs. When a paper is accepted for publication, it is done so on the understanding that it is not being submitted simultaneously to any other journal in the English language. The Editor will make editorial and literary corrections as she sees fit. Any opinions expressed or policies advocated do not necessarily reflect the opinions or policies of the Editor or the British Anaesthetic Recovery Nurses Association. Any article submitted should contain:

- Title of the article
- Initial and name of each author
- Relevant qualifications
- Name and address of the department or institution to which the work should be attributed
- Name, address, telephone number and e-mail address for the author responsible for correspondence
- Abstract or summary and section headings if suitable

Diagrams, Illustrations and Photographs



All diagrams, pictures or illustrations should have a short description or caption sent with them. Titles should appear above each table or figure. They should also be referred to in the text. Photos should be sent as an attachment and as a jpeg file, along with where you wish them to be placed.

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Harvard Referencing

References should be presented in the Harvard style. The accuracy of the reference you provide is your responsibility. In the text your reference should state the author's surname and the year of publication e.g. [Smith, 2002] unless the reference is at the beginning of the sentence when only the date is put in brackets e.g. Smith [2002] states ... If there are two authors, you should give both surnames [Smith and Black, 2001]. When a source has more than two authors, give the name of the first named author followed by 'et al', however do not use *et al* in the reference list, credit must be given to all authors. Where a quotation is used within your paper; the author, date and page number should be given, e.g.

'For many years the recovery unit has been viewed as the "Cinderella" of the operating department. Indeed twenty-five years ago many hospitals did not have recovery units and post surgical patients were recovered on the surgical wards directly from theatres.' (Oakley and Spiers, 2004, P 137)

A list of all the references in your manuscript should be typed in alphabetical order, on a separate sheet entitled 'References' at the end of the paper. Each reference to a paper needs to include authors' surnames and initials, year of publication, full title of paper, full name of journal, volume number, and first and last page numbers. References should conform to the Harvard style. Title of textbooks and journal name should be in *Italiac*. Here is an example:

Wilson S, Forrester A (2002) The way forward for anaesthetic and recovery nursing. *Accident and Emergency Nursing* 13(1), 1-8.

References to books should be given in a slightly different form, as in this example:

Radford M, County B, and Oakley M (2004) *Advancing Perioperative Practice*. Cheltenham: Nelson Thornes.

When using an edited book, the author of the chapter will be used in the text and in the reference list it will be referred to in the following way:

Oakley M and Spiers C (2004) Chapter 6 Principles of Recovery Practice. IN Radford M, County B and Oakley M (2004) *Advancing Perioperative Practice*. Cheltenham: Nelson Thornes.

Secondary references can be used, but overall these should be avoided. With the advent of the Internet there are very few primary sources that will be unavailable to authors. The rationale for using a secondary reference is that the author is unable to find the primary source and must therefore use the secondary reference. If a secondary reference has to be used, the text should read: Smith [1978] cited by Brown [2004]. In the reference list it is Brown that is listed as the reference, because if the Smith reference had been used it would be the primary reference.

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Letters to the Editor

Readers are welcome and encouraged to write about any topic that relates to the practice of anaesthetic and recovery practice or relevant to contents of the journal. Such letters will be published under 'short communication' and can be in relation to something you have read in the journal, or an item of news, etc.



We are waiting for your emails and phone calls



The Editor in Chief and relevant members of the committee would be pleased to hear from any potential authors. Please do not hesitate to contact us. If having your work published sounds like a scary prospect, drop us an email and we will offer advice and support and start you on the road to being in print. Publishing in the British Journal of Anaesthetic and Recovery Nursing is an excellent opportunity for professional and personal enhancement. So come on, your journal is growing: Be part of it.

Submissions and ideas to:

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